

Øvet den 27. oktober 2010

Begynder-& letøvet-dans

Baby Blues

4 WALL - 48 COUNTS - BEGINNER/INTERMEDIATE

Choreographed by: Tina Argyle (UK) April 2006

Choreographed to: 'Blues About You Baby' by Plain Loco (170 bpm) from Stick Together Album (start on main vocals). (Text Box comment blank)

Music Suggestion: 'Blues About You Baby' by Delbert McClinton (170 bpm) from Room To Breathe Album (start on main vocals)

Section 1 Right Scissor Step, Hold, Left Scissor Step, Hold

1 - 2 Step right to right side. Step left beside right.

3 - 4 Cross right over left. Hold.

5 - 6 Step left to left side. Step right beside left.

7 - 8 Cross left over right. Hold.

Section 2 Right Vine, Touch, 1.1/4 Rolling Turn Left, Brush

1 - 2 Step right to right side. Cross left behind right.

3 - 4 Step right to right side. Touch left beside right.

5 - 6 Turn 1/4 left stepping left forward. Turn 1/2 left stepping right back.

7 - 8 Turn 1/2 left stepping left forward. Brush right at side of left.

Option Replace rolling turn with left vine 1/4 turn, brush.

Section 3 Toe Strut Forward x 2, Toe Strut Back x 2

1 - 2 Touch right toe forward. Drop right heel taking weight.

3 - 4 Touch left toe forward. Drop left heel taking weight.

5 - 6 Touch right toe back. Drop right heel taking weight.

7 - 8 Touch left toe back. Drop left heel taking weight.

Section 4 Monterey 1/2 Turn Right x 2

1 - 2 Point right to right side. Turn 1/2 right stepping right beside left.

3 - 4 Point left to left side. Step left beside right.

5 - 6 Point right to right side. Turn 1/2 right stepping right beside left.

7 - 8 Point left to left side. Step left beside right.

Option Replace turns with 4 side touches - right, left, right, left.

Section 5 Right Diagonal Step, Heel Swivel, Left Diagonal Step, Heel Swivel

1 - 2 Step right forward to right diagonal. Step left beside right.

3 - 4 Swivel heels to right. Swivel heels back to centre.

5 - 6 Step left forward to left diagonal. Step right beside left.

7 - 8 Swivel heels to left. Swivel heels back to centre.

Section 6 Diagonal Step Back with Tap x 4

1 - 2 Step right back to right diagonal. Touch left beside right.

3 - 4 Step left back to left diagonal. Touch right beside left.

5 - 6 Step right back to right diagonal. Touch left beside right.

7 - 8 Step left back to left diagonal. Touch right beside left.