

Øvet den 5. januar 2011

Begynder

Lindi Shuffle



Choreographed by: Jane Smee (UK).

Music Suggestion: 'I Need More Of You' (122 bpm) by Bellamy Brothers from '25 Year Collection' CD, or 'Rip Off The Knob' CDs;

'Restless' by Shelley Lynne; 'I Can't Wait For Payday' by Dave Sheriff from 'Dave Sheriff In Nashville' CD;

'Shooter' (164 bpm) by Rednex from 'Sex & Violins' CD; 'love U Too Much' by Brady Seals

or any evenly phased East Coast Swing.

Originally choreographed to: 'Billy Bill' by Twister Alley from 'Twister Alley' – now unavailable.

Section 1 Right Chasse, Back Rock.

- 1 Step right to right side.
- & Close left beside right.
- 2 Step right to right side.
- 3 Rock back on left.
- 4 Recover forward onto right.

Section 2 Left Chasse, Back Rock.

- 1 Step left to left side.
- & Close right beside left.
- 2 Step left to left side.
- 3 Rock back on right.
- 4 Recover forward onto left.

Section 3 Shuffles Forward.

- 1 & Step right forward. Close left behind right.
- 2 Step right forward.
- 3 & Step left forward. Close right behind left.
- 4 Step left forward.

Section 4 Forward Step, Pivot 1/2 Turn, Stomps x2.

- 1 Step right forward.
- 2 Pivot 1/2 turn left (weight ends on left).
- 3 Stomp right in place.
- 4 Stomp left in place.