



Forever And Ever

Choreographed by: Benny Ray Naayen (Denmark)

Description: 64 count, 4 wall, newcomer line dance (smooth / two-step rhythm)

Music: "Forever And Ever, Amen" by Randy Travis (or any medium tempo two-step music)

This dance was written for my bride Lykke on our one year wedding anniversary, January 5th 2005.

Note: Restart the dance on the 5th wall after count 32 to make it fit perfectly to the Randy Travis track.

WALK R, WALK L, STEP ½ TURN, STEP R

1-4 Walk forward right, hold, walk forward left, hold

5-8 Step forward on right, pivot ½ turn left, step forward on right. hold

ROCK STEP L, COASTER STEP L

9-12 Rock forward on left, hold, recover on right, hold

13-16 Step back on left, step right beside left, step forward on left, hold

WALK R, WALK L, STEP ½ TURN, STEP R

17-20 Walk forward right, hold, walk forward left, hold

21-24 Step forward on right, pivot ½ turn left, step forward on right. hold

ROCK STEP L, COASTER STEP L

25-28 Rock forward on left, hold, recover on right, hold

29-32 Step back on left, step right beside left, step forward on left, hold

(Restart at this point on the 5th wall)

DIAGONAL R STEP, LOCK, STEP LOCK STEP

33-36 Step diagonally forward right, hold, lock left behind right, hold

37-40 Step diagonally forward right, lock left behind right, step diagonally forward right, hold

DIAGONAL L STEP, LOCK, STEP LOCK STEP

41-44 Step diagonally forward left, hold, lock right behind left, hold

45-48 Step diagonally forward left, lock right behind left, step diagonally forward left, hold

ROCK STEP R, ½ SAILOR TURN, ROCK STEP L, ¼ SAILOR TURN TURN

49-52 Rock forward on right, hold, recover on left, hold

53-56 Cross (sweep) right behind left making ¼ turn right, step left next to right, turn ¼ right stepping forward on right, hold

57-60 Rock forward on left, hold, recover on right, hold

61-64 Cross (sweep) left behind right making ¼ turn left, step right next to left, stepping forward on left, hold

REPEAT